

Menu FIR Intolerance Report

Breakfast Menu

Dish Name	Cereals containing Gluten :			Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Nuts :											Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lubin
	Wheat	Rye Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut									

Petit Déjeuner

Dish Name	Wheat	Rye Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lubin	
Viennoiseries																								
Pain au raisin with butter and conserves	✓	✓					✓	✓	✓	✓														
Croissant with butter and conserves	✓	✓					✓	✓	✓	✓														
Pain au chocolat with butter and conserves	✓	✓					✓	✓	✓	✓														
French bread with butter and conserves	✓								✓															
Céréales																								
Bowl of organic muesli	✓	✓					✓	✓	✓	✓	✓					✓	✓						✓	
Fruits																								
Selection of fresh fruit with Greek yogurt and honey									✓															
Crêpes																								
Pancakes with maple syrup	✓	✓					✓	✓	✓															✓
Pancakes with mascarpone and fresh berries	✓	✓					✓	✓	✓															✓
Petit déjeuner Anglais																								
Traditional breakfast	✓	✓					✓	✓																
Oeufs Benedict																								
Egg Benedict	✓	✓					✓	✓	✓														✓	✓
Oeufs à la Royale																								

